

Bert Nash Center Team

All Bert Nash Center providers are professionals trained to assess and treat problems related to mental, emotional, and behavioral health. They are dedicated to providing caring, effective, and confidential services. Providers include therapists, case managers, parent support specialists, behavioral health specialists, nurses, and psychiatrists. Services range from brief solution-focused outpatient therapy to comprehensive support for more acute symptoms.

Our Commitment

Our Bert Nash Center commitment since 1950: to make mental health accessible to everyone. We are a comprehensive behavioral health center dedicated to serving all ages throughout life's mental and emotional struggles with diverse programs like supportive housing, crisis care, and community based services that meet people outside of our physical locations like peer support and the school-based WRAP program.



24-Hour Services

If you, or someone you know is in need of immediate mental health care, please call HeadQuarters at **785-841-2345** or **988**.

If you are in crisis you can walk in 24/7/365 at the **Treatment and Recovery Center of Douglas County at 1000 W. 2nd Street, Lawrence, KS 66044.**



**200 Maine St. Ste. A
Lawrence, KS 66044
785-843-9192
BertNash.org**

@bertnashcenter



Mural artwork by Van Go student artists.
Van Go is a social service agency with a focus on art.

COMPASSION, INTEGRITY AND EQUITY,
ON A FOUNDATION OF HOPE

INTEGRATED CARE

At the Bert Nash
Center

Your Community Mental Health Center

Integrated Care

What is Integrated Care?

The Integrated Care Clinic (ICC) helps Bert Nash clients who have long-term (chronic) health problems. ICC gives short-term, thorough medical care and follows up over time to help people manage their health and find better access to regular medical care.

We do this by asking our mental health clients about any physical health symptoms or other health problems they may have. We also order lab tests to check for serious health issues. ICC works closely with the clients' other doctors and care teams. This teamwork helps everyone understand the patient's full needs and allows us to help them understand options to get the best care possible.

ICC can help Bert Nash Center clients who need multiple physical and mental health issues treated at the same time

- even if they don't have a doctor they see regularly
- haven't seen their regular doctor in a long time
- have a regular doctor, but still need help managing their long-term health issues

The Health Screen Nurse's office is at 200 Maine St. Suite. A on the first floor.

Why Integrated Care?

- Our services are trauma informed which means our providers understand how tough or scary experiences (trauma) can be. We treat people with kindness and patience knowing their past experiences could influence their current behavior and choices. We want our clients to feel safe and supported.
- Sometimes getting to a doctor to take care of medical issues like high blood pressure, diabetes, or other health concerns can take some time. We can provide that medical care more quickly so our client's physical health concerns are getting taken care of while we help manage and treat mental health issues.
- We'll make sure our clients understand ways to manage their physical health and our team will follow up with clients so they can stay on track.
- We want to care for the whole person, so we will work with a client's entire health team: their doctors, medical specialists, mental health professionals and anyone else providing mental or physical health care. By working with everyone, we can make sure each care team works well with each other and the client to solve the client's mental and physical health concerns.

Yearly Health Screenings

The Bert Nash Center will do health screenings each year for clients. These screenings can help clients maintain their physical health, manage long-term health problems, and prevent any long-term health issues from getting more serious.

How can I get ICC services?

All Bert Nash clients should get a health screening every year with our Health Screen Nurse. During the screening the nurse can see if they have any long-term health issues that need to be managed and if the client has a doctor they see regularly. After the screening, the nurse will contact the client to see if they want to be referred to the ICC for physical health care.

